



มูลนิธิแบ่งปันชีวิตนครราชสีมา SHARING FOR LIFE FOUNDATION KORAT

บ้านผู้สูงอายุราชสีมา โครงการเยี่ยมชุมชน HOME FOR THE AGED: HOME CARE PROJECT

892 ถ.เดชอุดม ต.ในเมือง อ.เมือง จ.นครราชสีมา 30000 โทร 044-957206-807

[www.sharingforlifekorat.org](http://www.sharingforlifekorat.org) [info@sharingforlifekorat.org](mailto:info@sharingforlifekorat.org)

## **Sharing for Life Foundation and Catholic community**

### **Home Care Project in the city of Korat**

#### **Narrative report January – December 2022**

(Reported by Ms. Ananya)



Korat is the biggest city of the Northeast of Thailand with a population of around 450,000 people. It is the location of the 'Home for the aged – Ratchasima' and of the 'Sharing for Life Foundation'. The urban area of the city has many poor, abandoned disabled people and this project aims at helping such people that, every day, we see living difficult lives mostly due to living alone, very old age and several kinds of disabilities that hinders working and self-sufficiency.

Mainly people in our project suffer of physical or mental disabilities. We follow and visit 141 people regularly and just a few of them can do some work such as collecting recyclable plastic, tins, and bottles from garbage and selling them for two or three Euro per day.

The Thai government subsidy for old people is 19 Euro per month + 20 Euro if they are living with disabilities. The minimum required to live above the poverty line in Thailand is an income of 100 Euro per month.

Sharing for life initiative started from the presence of Camillian in the city of Korat. The need of creating a sign of merciful love of Jesus among the most poor and sick. Religious Camillian in corporation with local catholic community and diocese bishop Joseph Chusak Sririsuk. Our aim is to involve the whole community in raising the problem of the poor and sharing the donation to them and monitoring their lifestyle number going out to visit once a week and organizing a special day once a year on 26<sup>th</sup> December.

#### **Purpose**

Have the aged, disabled, and poor

1. To improve their lives and to access treatment and welfare state subsidies.
2. To receive knowledge and advice in health care and hygiene and keep a healthy environment around their house.
3. To restore connections with the health system and religious institutions not to feel lonely or abandoned.



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4. To live the mercy of the Lord through the Christian community presence, in particular.
5. Be understood and taken care by their communities through the implementation of a pilot project.
6. Supported by a strong group of volunteers caring for them.

### **Beneficiaries**

1. The aged, disabled, and poor 141 cases in the area of 30 km. from the office
2. The poorest that are in difficult conditions in particular.
3. The disabled that live alone and without helpers or relatives.

### **Project Duration**

Yearly base, according to financial support and foundation policy.

### **Activities**

1. Prepare relevant forms, and documents
2. Prepare the bags with food and other items according to the beneficiaries' needs.
3. Visit and distribute the bags to the beneficiaries: about 12 people (families) in one day, once a week, four/five weeks a month.
4. Give advice, encouragement and compassion.
5. Keep records of special needs and bring the necessary items in the next visit.
6. Fundraising and monthly report writing to the foundation by full time staff.

### **Monitoring and evaluation**

1. Monitor and evaluate the achievements of the project's team in relation to the beneficiaries' health and mood and happiness.
2. Post the evaluation on the Foundation website for interested parties and sponsors.
3. Report budget use monthly.
4. Report overall result at year-end to Sharing for Life Foundation Central Office.

### **Team members**

1. Father Giovanni Contarin or Father Sampan Wapiso



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2. Permanent staff (Full time)

3. Retired nurse Mrs.Kanjana

4. Volunteers

#### **The number volunteer in 2022**

Jan.	Feb.	Mar.	Apr.	May.	Jun.	Jul.	Aug.	Sep.	Oct.	Nov.	Dec.	Total
1	5	4	2	2	4	3	4	1	2	2	4	34

#### **Essential items in the bag**

Rice, oil, fish sauce, canned fish, toothbrush, toothpaste, soap, washing powder, body powder  
dishwashing liquid, carton of milk, drinking water, instant noodles.

#### **Necessary equipment**

Net, blanket, towel, trousers, other clothes, adult diapers, mattress and pillows

#### **Disability equipment**

Walker aid, wheelchair, Commode Chair

#### **Beneficiaries 'characteristics (141 people)**

Female	Male	25-60 years old	61-104 years old	Cerebral Palsy	Deaf- Blind	Movement impairment	Diabetes	Pressure disease	Other diseases
86	55	32	109	20	8	26	62	38	36



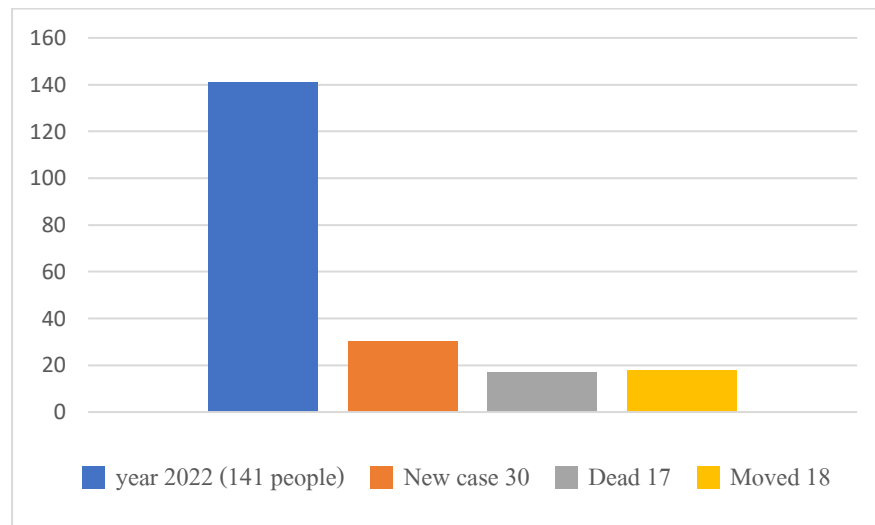
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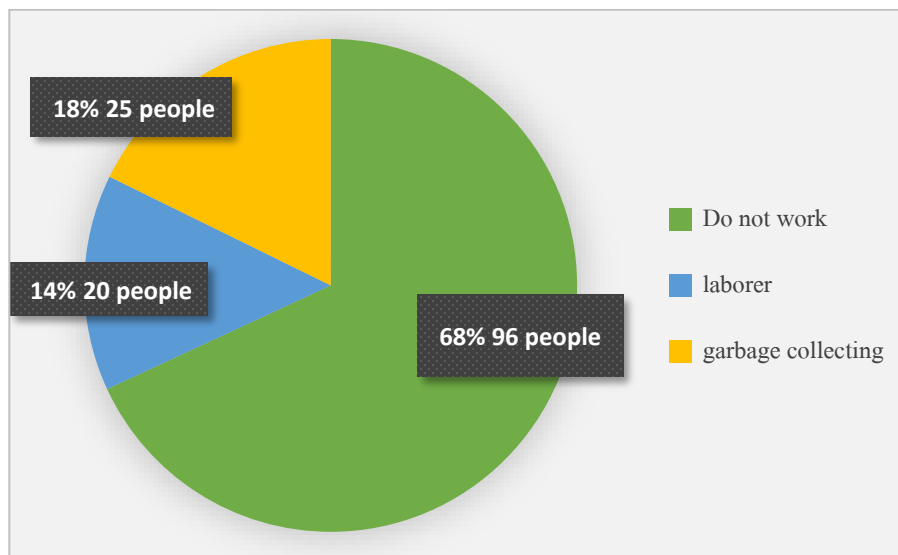
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### Graph of total, new, dead, moved away cases



### Graph of benefactor's occupation





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Home Care Project Income			
No.	Income	Cost (THB)	Cost (EUR)
1	The diocese of Nakhon Ratchasima	260,000	6,943.23
2	PRO.SA ITALY	335,250	8,952.76
3	Donation from PR. And social media	551,126.38	14,717.68
4	Donate box	33,031	882.08
5	From Sharing for life store	18,724	500.02
<b>Total</b>	<b>Thirty-one thousand nine hundred and ninety-five</b>	<b>1,198,131.38</b>	<b>31,995.77</b>

*\*Exchange Rate 1 Euro = 37.05 THB (27<sup>th</sup> February 2023) \**

Home Care Project Expenses				
No.	List of items and activities	Amount	Cost (THB)	Cost (EUR)
1	Consumer goods: rice, dried food, medicines ...	12 sets x 5 times/month x 12 months at 14 EUR/set	388,983 THB	10,080 EUR
2	Financial support in cash	12 beneficiaries x 5 time/m x 12 months at 3 EUR/case	83,353 THB	2,160 EUR
3	Team travel and transportation	5 visits x month x 12 months at 30 EUR/visit	66,683 THB	1,800 EUR
4	Office Supplies	10 EUR/month x 12 months	4,446 THB	120 EUR
5	Team members meals	5 members x 5 times/month x 12 months at 3 EUR	33,341 THB	900 EUR
6	Other (Vehicle maintenance)	200 EUR x 3 times	22,228 THB	600 EUR
7.	Staff's financial compensation	400 EUR x 13 months	192,639 THB	5,200 EUR
8.	House repairing	4 beneficiaries' houses	196,344 THB	5,300 EUR
<b>Total <u>twenty-six thousand sixty hundred seventy Euro</u></b>			<b>988,017 THB</b>	<b>26.670 Euro</b>

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### **Day of the poor budget-December 26 Christmas following day (Boxing Day)**

<b>List of items and activities</b>	<b>Amount</b>	<b>Cost (THB)</b>	<b>Cost (EUR)</b>
Pickup car – van – motorbike	86 people	8,891 THB	240 Euro
Gift set and necessary items for 90 people	24 Euro x 86 set	80,019 THB	2,160 Euro
Gift for kids 20 people	14 Euro x 21 set	10,373 THB	280 Euro
Cash, just for daily expenses	Adult 90 x 13 Euro Children 21 x 3 Euro	45,567 THB	1,230 Euro
Bingo gift (only useful items)		18,523 THB	500 Euro
Food and beverage		14,818 THB	400 Euro
Basic medicine bag	6 Euro x 90	20,005 THB	540 Euro
<b>Total <u>Five Thousand three hundred fifty Baht</u></b>		<b>198,196 THB</b>	<b>5,350 Euro</b>

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### **Sharing for Life Store**

It was built in November 2021 to keep all donated stuff and for selling secondhand clothes as income generation to buy necessary items, dry food, and cash donation to the beneficiaries. In 2022 the income generation total was 515 Euro.

### **Public Relations**

Update news and event on social media 3 times a week and use Facebook ads once a week.

1. Facebook Both Thai and English

-มูลนิธิแบ่งปันชีวิตนครราชสีมา

-Sharing for life-care for the poor Korat

2. Instagram -sharingforlife.korat

3. Line official -@811vizxl

4. Youtube -Sharing for life Korat

5. Website -https://sharingforlifekorat.org



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### **Expected results**

The beneficiaries

1. have a happier physical and mental health.
2. are not alone and feel not lonely.
3. improve their quality of life.
4. are encouraged to continue to live.
5. are supported by volunteers from the community motivated by the project team.

### **Conclusion**

Home care activities helped us to be close to the poor and share their feelings and know their basic needs. We try to do our best involving friends and benefactors, to prepare food bags and doing some repairing.

Sharing feelings, living empathy, and praying together is the best we can do to see their face smiling and happy. We replaced all the 18 beneficiaries who died and the 17ones who moved to other provinces with 35 new cases of aged, disabled and real poor.

We are becoming a well-known foundation; our work is well accepted because everybody sees that we follow our beneficiaries closely and continuously. Our work is not only giving away and distributing goods, but also compassion, love and making the beneficiaries experiencing the presence of the people of God and the local church.







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## **World day of the poor 2022**

World day of the poor is set up in December every year, this year is on Monday 26<sup>th</sup> December on the Boxing Day. The aim of this event is to give the Project's beneficiaries the feeling that they are special and have something they really wish. It is a special day for the poor in the Vatican with Pope Francis. He established this event for the whole Catholic Church to be on 19<sup>th</sup> November, but we moved it after Christmas. Around 110 beneficiaries (90 adults, 20 kids) came to the 'Home for the Aged-Ratachasi' to have a meal of good food together, watching a performance and lottery draws in a happy environment.

We also gave them a set of necessary items, bag of medicine and new cloths. To the children we gave a set of stationary and some snacks and toys. At the end of that day, they felt happier than every other day. We organized free transports them to our place and back home in the evening.







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### World day of the poor 2022

#### At “LAODATO SII” Garden (Home For the Aged Ratchasima)







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### Home Care Project in the city of Korat year 2022







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